



DAY | SPA

TREATMENT MENU

@WILLOWDAYSPA

NOT YOUR AVERAGE DAY SPA

Our mission is to provide our clients with therapies without negative impact on their health and our environment. We are a sustainable salon and always have our planet in mind when curating our offerings. Our range of mindful therapies including facials, body therapy and beauty treatments are vegan and cruelty free with a focus towards toxin free and sustainability.

Quietly tucked away in Morningside, you can expect a warm and nurturing space when entering Willow Day Spa. In a calm neutral space, you will be greeted by gentle lighting, soft music, aromatherapy and warm herbal tea bringing you to healing hands. A complete experience for the mind, body and soul in a place where the only person that matters is you.

NEW LOCATION

We are excited to announce that we recently moved location in collaboration with BW Naturopathy. In our collaborated space located in Morningside you will have access to a holistic selection of therapies to nurture you from the inside out.

3/6A Thynne Rd, Morningside.



FACE

With a focus of wellness and relaxation, our facials are designed to be luxurious yet results driven to give your skin exactly what it's asking for on the day. Your skin therapist will tailor your facial each time to suit your skin concerns

REVIVE

REFRESH. BRIGHTEN. NOURISH.

30MINS | \$90

A revival for all skin types to refresh, brighten and nourish. Revive the skin with a double exfoliation to cleanse the skin without stripping it of its natural oils. Combined with a grounding scalp massage and signature sensory journey, we massage the skin with Ancient Rose Quartz rollers to restore a natural healthy glow.

REJUVENATE

REFRESH. BRIGHTEN. NOURISH.
1HR | \$155

Designed to release congestion, soothe irritation and nourish dehydration. Complemented with our signature wellness footbath, grounding scalp massage, and a lymphatic facial massage with an Ancient Rose Quartz Gua Sha, revealing a healthy glow and vitality.

WILLOW

RESTORE. RECHARGE. GLOW.

1.5HR | \$205

Enjoy all of the benefits of our Rejuvenate Facial with the addition of LED light therapy to recharge your skin and restore harmony to the dermal layers. Add on an Enzyme Peel Mask to enhance your results.

HOLISTIC SKIN HEALTH JOURNEY

REACH YOUR SKIN GOALS.

| \$210

Like a fingerprint, everyone's skin is unique. We take into consideration your lifestyle, genetics and skin health to help us best identify the root cause and triggers to be able to effectively and appropriately manage these factors in order to achieve real results. Included in this Package are the essentials to finally get the results you and your skin deserve: A consultation with a detailed, customised Prescription, Revive Facial and the opportunity to visit our local naturopath to support the skin internally. Take home the basics to get you started on your journey.

Includes our Revive Facial and \$100 redeemable on products.

NATUROPATH CONSULTATION

IN-HOUSE NATUROPATH

| \$130

We believe that there is more to treating the skin than external factors. Our local Naturopath, Belinda, specialises in woman's health including: Hormonal Acne, Post Pill Detox, PCOS & Endometriosis, Burnout & Stress, Menopause, Thyroid Health and Gut Health. There are so many factors that contribute to our skin's physical appearance, and often this can be a reflection of what may be internally imbalanced. Belinda will work alongside you and Willow to help us achieve long term and sustainable results.

FACIAL ENHANCEMENTS

Upgrade your facial with these luxury enhancements to be enjoyed with any facial treatment for only \$35.

COLLAGEN EYE THERAPY

Smooth fine lines and wrinkles, hydrate, plump and firm the delicate eye area.

BROWN SEAWEED ALGINATE MASK

Instantly cool and refresh, soothe and comfort, tighten enlarged pores, improve blood circulation, increase oxygen supply, increase lymph flow to ultimately improve the skin's health, complexion and radiance.

ENZYME PEEL MASK

Results in the elimination of dead skin cells and a faster regeneration of new skin cells to reveal fresher, smoother skin, whilst restoring natural barrier function and increasing hydration.

LED LIGHT THERAPY EXPRESS

20MINS | \$60

Get ready to glow! Medical grade phototherapy is a non-invasive treatment that uses light therapy to trigger the skins natural rejuvenation and repair process without any downtime. Instantly restore vitality.



SKIN CLINIC

PRO DERMAL

ADVANCED SKIN SUPPORT & REPAIR.

45MINS | \$140 WITH LED | \$190

Featuring customised actives to target dermal skin correction. Returning normal skin function and cell optimisation to improve elemental and predisposed imbalances in the dermal layers of the skin. Designed to target specific skin concerns, such as acne scarring, reduces pigmentation, reduces pore size, smoothes out wrinkles and fine lines, softens and tones skin. Include LED light therapy option to enhance and accelerate your results.

LEVEL 1

Our go to for new clients starting their skin journey, building up skin strength, correcting specific concerns, or for general monthly maintenance. Includes a double mask application and neck and shoulder massage.

LEVEL 2

60 MINS | \$180
WITH LED | \$225

Treat multiple concerns in one session! Includes triple exfoliation and double mask application. Your skin health expert will choose from a physical and or enzymatic exfoliation with two suitable skin peels containing a blend of diverse actives, increasing cell metabolism while feeding skin cells essential nutrients for a healthy, happy skin!

6 WEEK SERIES

This 6-week Power Peel skin workout allows you to offer progressive, non-aggressive results for skins presenting with Pigmentation, Acne and Age Prevention or Management.

Our six-week power peel series takes each treatment opportunity to soothe and infuse skin restoring actives to correct and manage the skin for a long-term solution without downtime and damage to the integrity of the skin.

Our six-week program includes 1 customised advanced pro dermal treatment each week across a six-week timeframe. We suggest including LED to your treatment course to enhance and accelerate your results further.

PRICE LIST

6 WEEK PROGRAM | \$840 (SAVE \$120)
INCLUDE LED | \$1,140 (SAVE \$180)

This program is suitable for skins that have been prepped with an active home care routine with one of our customised skin health plans for at least 4 weeks prior.

LED LIGHT THERAPY

LED DERMALUX

LED works with the body's own natural processes to counteract the effects of elemental and predisposed damage or imbalances in the dermal layers of the skin. The light works naturally with your body to promote the healing response and help your skincare products to work harder. This treatment is pain free, non-evasive and can be done every 48 hours.

SINGLE TREATMENT

45 MINS | \$110

LED works with the body's own natural processes to counteract the effects of elemental and predisposed damage or imbalances in the dermal layers of the skin. The light works naturally with your body to promote the healing response and help your skincare products to work harder. This treatment is pain free, non-evasive and can be done every 48 hours.

Includes cleanse, exfoliation & finishing products.

LED TREATMENT PACKAGE

12X 45MIN SESSIONS | \$1,188 (\$1,320 VALUE)
TO BE USED WITHIN 12 MONTHS

We recommend a course of 12 treatments in a 2 month time period for ultimate results.

ADD ON TO ANOTHER TREATMENT

30MINS | \$80

Our LED can be added onto another facial or body treatment. Not only is LED great for the skin on our face, but it is also a fantastic option for healing larger areas on our body. Pain management and wound healing can also be treated with our LED.



SUGARING

Sugaring is a 100% natural hair removal method using an edible paste of sugar, water and lemon juice. Sugaring removes the hair gently in the natural direction of growth, eliminating ingrown hairs and sensitivity.

PRICE LIST

FULL LEG \$100

HALF LEG (BELOW KNEE) \$70

HALF LEG (ABOVE KNEES) \$80

3/4 LEG \$85

BIKINI LINE \$40

G-STRING \$60

LA BIKINI (BRAZILIAN) \$75

FULL ARMS \$70

HALF ARMS \$55

UNDERARM \$30

LIP \$25

CHIN & JAWLINE \$40

LIP, CHIN & BROWS \$70

HALF FACE \$75

FULL FACE (INCLUDING BROW TIDY) \$85

CHEST & STOMACH \$80

BACK & SHOULDERS \$80

Add On's

CLEANSE, MUD MASK & OINTMENT

| \$30

To reduce redness and histamine response that can occur after facial sugaring. Ideal as an add on for full face sugaring.

UNDERARM DETOX

This treatment is designed to detoxify your underarms and kick start your healthy lifestyle change over to toxin free deodorant.

INITIAL TREATMENT

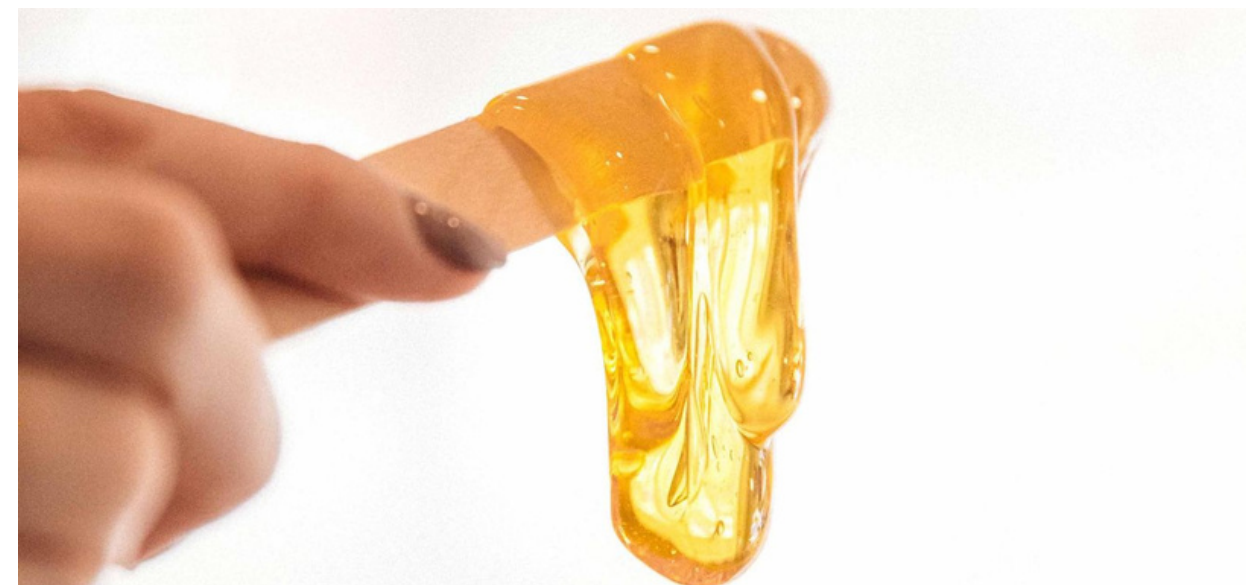
| \$70

Includes organic deodorant paste to take home

FOLLOW UP TREATMENT

| \$50

recommended every three months.



LASH & BROWS

To create the look of fullness and rich colour to your brows you can choose from traditional tint or all natural henna and all our brow tints include a head and scalp massage.

LASH LIFT

| \$120

This treatment gives an instant root-lift for your natural lashes. It will define & curl your lashes in one relaxing treatment lasting 6-8 weeks. Also includes a lash tint and a take home conditioning lash serum.

LASH OR BROW TINT

| \$30

Subtly matched to your natural lash and brow colouring to enhance and add volume. *This tint is not organic or natural.

ADD ON COLLAGEN EYE THERAPY

Smooth fine lines and wrinkles, hydrate, plump and firm the delicate eye area.

BROW TIDY

| \$35

BROW SHAPE & SCULPT

| \$75

Subtly matched to your natural lash and brow colouring to enhance and add volume.

HENNA BROW TINT

| \$80

Henna is a natural plant based colour pigment that has been used for thousands of years to temporarily stain colour onto the skin and hair. It is 100% natural and made out of crushed leaves without any nasty ingredients. Henna pigments look very natural on the skin and the colour lasts much longer than regular tint.

HENNA TINT AND BROW SHAPE & SCULPT

| \$120

Our professionals will create the perfect brow shape for your face using all natural sugar paste to work with your ideal shape. Includes tinting.

WILLOW BROWS

| \$85

A combination of our most popular eye trio. Lash and brow tint plus brow tidy.

Upgrade

HENNA BROW TINT

| \$50

LASH LIFT

| \$90

MASSAGE

Massage therapy not only can be extremely relaxing and therapeutic to a stressful body and mind, but massage also has many other benefits such as; Improve blood supply to allow toxins to be removed, ease pain and discomfort, increase lymphatic drainage, loosen muscle adhesions and reduce joint pain.

RELAX

DE-STRESS. LIGHT MASSAGE

30MIN | \$85

60MIN | \$145 INCLUDES FOOT SOAK & SCRUB

Swedish Style – This fluid and holistic massage incorporates a tailored aromatherapy journey met with intuitive healing hands. Nourishing full body warm oil massage soothes muscle tension and encourages the lymphatic system to rid the body of toxins. Calm your mind and balance your inner presence for a full body balance.

MINERAL STONE

MELT TENSION. UNWIND

60MIN | \$160

90MIN | \$200

Hot Stone – Resistance is melted away using warm volcanic mineral stones and intuitive hands to smooth out knots and restore balance to the meridian lines of the body, bringing back your natural circadian rhythm. This heated massage allows a deeper therapeutic massage within the muscle fibers to relieve tension and stress while integrating a sensory unwinding.

CRYSTAL RAISING

FREQUENCY. AROMATHERAPY.

60MIN | \$160

The use of essential oils has dated back thousands of years for their healing and spiritual qualities. The combination of aromatherapy and crystals help to raise the frequency of the energy body aiding in our physical body's natural ability to heal. This therapeutic massage will leave your inner presence calm and receptive returning you to a parasympathetic state.



MASSAGE & BODY THERAPY ENHANCEMENTS

The perfect addition to any of our body massages.

DRY BRUSH

FULL BODY | \$35

Designed to excite the lymph, stimulate blood flow and increase the detoxifying benefits of the massage.

SALT THERAPY

HANDS | \$30

BACK | \$50

Hydrating and lightly exfoliating using organic raw pink Himalayan salt scrub and customised essential oils with a warm towel or shower removal.

DETOX

BACK | \$60

Using bentonite clay ethically sourced in Queensland from Volcanic Ash. Effective in detoxing the body by absorbing toxins including heavy metals. This clay mask will help to absorb and draw out impurities in the skin, alleviate aches and pains, and promote general health.

STONE PLACEMENT

| \$40

Our warm volcanic stones can be placed on areas of concern to melt away tension and soothe tired aching muscles.

MAGNESIUM THERAPY

| \$35

Magnesium is an essential mineral that most of us have lower levels of than necessary. Absorbing this mineral through the skin is a great way to directly benefit from its essential properties. This application will help to relax the body - aiding in sleep, soothe aching muscles and joints and improve the radiance of your skin.

HAIR & SCALP THERAPY

20MINS | \$75

Designed to stimulate hair growth and soothe a dry scalp, lock in moisture and protect hair strands from environmental damage. You will leave your treatment with our therapeutic oil through your hair to shampoo in the comfort of your own home.

BODY THERAPY

Integrated therapies for a relaxing a mindful experience.

SURRENDER

RESTORE THE FACE AND BODY.

60MIN | \$170

90MIN | \$210

Our signature ritual begins with our wellness botanic footbath; exfoliating and massaging the feet to centre and ground you before surrendering to restoration. Our warm mineral stones are used in combination with our Sweedish-style relaxation massage on the back, neck and shoulders where resistance is melted away. This is followed on with our Revive or Rejuvenate facial to nourish and rehydrate all skin types.

IMMERSE

INVIGORATE. INDUGE. RELAX.

2HRS | \$320

Salt Back Therapy / Relax Massage / Revive Facial.

Your journey begins with an invigorating full body dry brush and mineral pink salt and lemon scrub on the back, assisting in stimulating circulation and removing dry skin cells. Followed by a nourishing warm oil full body massage to rejuvenate and soothe muscle tension while boosting the lymphatic system. Perfectly paired with our Revive Facial to quench and illuminate your skin.

COCOON

DETOX AND HYDRATE

60MIN | \$200

Dry Brush / Clay Mask / Moisturise.

Begin the hour with a relaxing wellness botanic foot soak, exfoliating the feet and preparing the body to detox. Dry Body Brushing is performed to stimulate blood flow and promote the body's natural detoxing lymphatic system, while removing spent cells. A warm clay mask infused with essential oils is lathered onto the back and feet, drawing out impurities and encouraging toxins to dispel while your therapist performs a grounding scalp massage. Gentle removed with aromatherapy infused hot towels, before a full body application of nourishing moisturizer.



UNDERARM DETOX

RESTORE THE FACE AND BODY.

Lymph nodes under the arms are responsible for helping the body remove toxins, when a toxic substance like deodorant is used in this area we are interfering with our body's natural process. This treatment is designed to detoxify your underarms and kick start your healthy lifestyle change over to toxin free deodorant.

INITIAL TREATMENT

| \$70 | INCLUDES ORGANIC DEODORANT PASTE TO TAKE HOME.

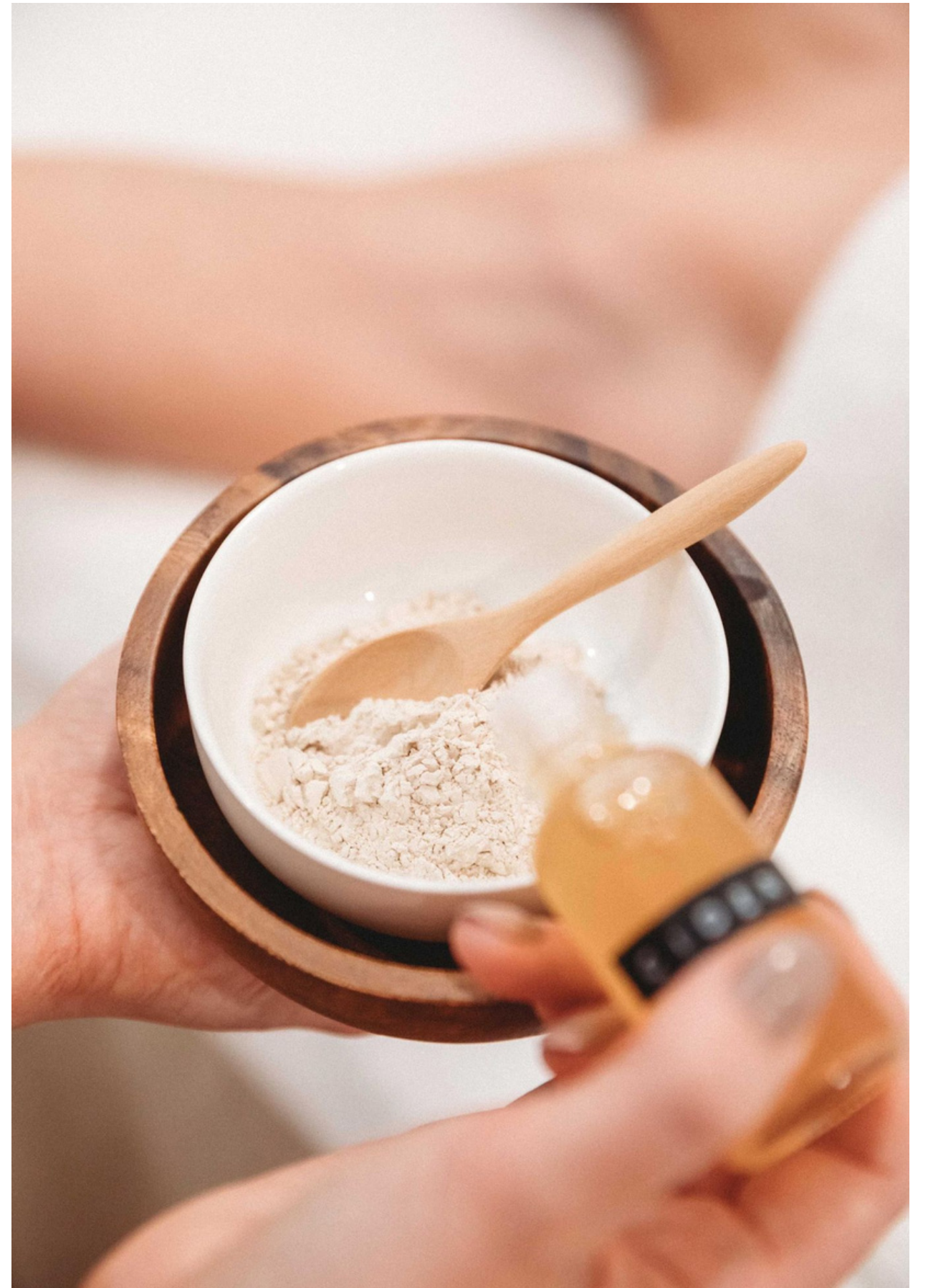
FOLLOW UP TREATMENT

| \$50 | RECOMMENDED EVERY 3 MONTHS.

HAIR AND SCALP THERAPY

30MINS | \$90

Designed to stimulate hair growth and soothe a dry scalp, lock in moisture and protect hair strands from environmental damage. We start by pouring a warm nourishing oil over your scalp and stimulate essential blood circulation with an invigorating scalp massage to promote healthy, strong hair and growth. Your hair is then wrapped in a hot towel while your therapist massages your neck and shoulders. You will leave your treatment with our therapeutic oil through your hair to shampoo in the comfort of your own home.



PREGNANCY

A gentle a nurturing treat for mums to be that have entered into the second and third trimester of pregnancy.

NURTURE

FROM HEAD TO TOE

90MIN | \$210

This treatment is a gentle nurturing treat for the Mum to be. We begin to nurture our mama with our warm wellness botanic footbath, gently exfoliating the feet. We follow on with a customised pregnancy safe facial specifically designed to gently nourish and support the skin during hormonal changes. While your skin is infusing your therapist will massage your neck and shoulders, travelling down the arms and hands. Finishing at the feet with a lower leg and foot massage to ease tired limbs and swollen feet. A pampering from head to toe.

WILLOW MAMA

60MIN | \$160

This customised enriching facial is the ideal treatment for our expecting mama's. Begin the hour with our signature wellness botanic foot bath, gently exfoliating and massaging the feet and lower legs. We follow on with a customised pregnancy safe facial, infusing advanced elixirs to support the skin during hormonal changes. Enjoy some well-deserved peace and quiet while your therapist massages your neck, and shoulders. Leave glowing and nurtured, in a state of relaxation.

Enhancements

COLLAGEN EYE MASKS

| \$35

HAIR & SCALP THERAPY

| \$75





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THANK YOU

Laura X

@WILLOWDAYSPA